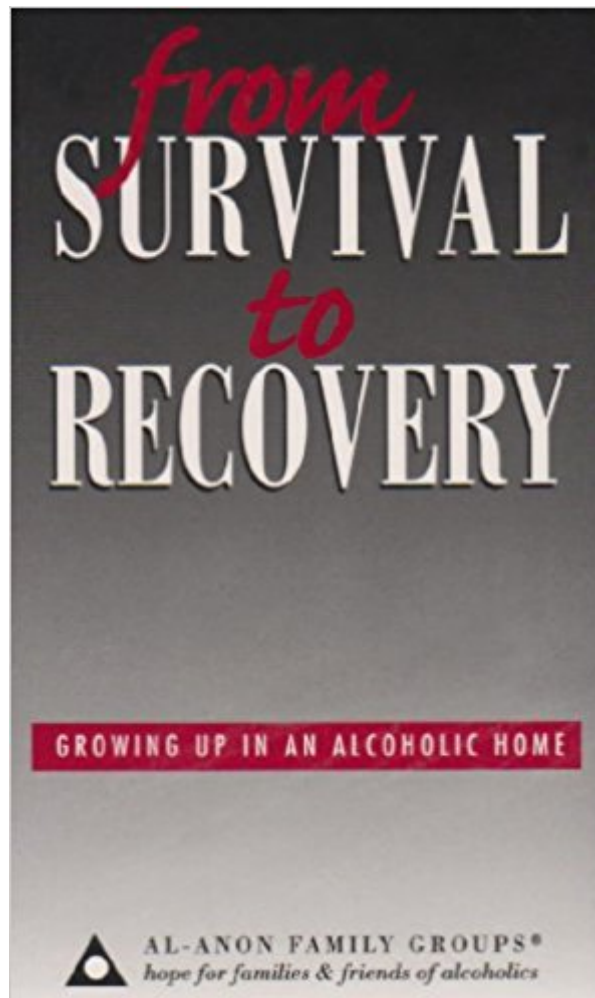




**Ebook Directory**  
the best source of ebook

The book was found

# From Survival To Recovery: Growing Up In An Alcoholic Home



## Synopsis

301 paged hardcover "From Survival to Recovery". ISBN # 0910034974. The listing under that ISBN indicates it's an underlined edition. I can't find that this book is an underlined edition. Al-Anon Family Groups for Families and Friends of Alcoholics.

## Book Information

Hardcover: 301 pages

Publisher: Al-Anon Family Group Headquarters, Inc. (July 1, 1994)

Language: English

ISBN-10: 0910034974

ISBN-13: 978-0910034975

Product Dimensions: 8.3 x 5.8 x 1.1 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 4.7 out of 5 stars 77 customer reviews

Best Sellers Rank: #54,436 in Books (See Top 100 in Books) #11 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics](#) #105 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism](#) #201 in [Books > Politics & Social Sciences > Politics & Government > Public Affairs & Policy > Social Services & Welfare](#)

## Customer Reviews

301 paged hardcover "From Survival to Recovery". ISBN # 0910034974. The listing under that ISBN indicates it's an underlined edition. I can't find that this book is an underlined edition. Al-Anon Family Groups for Families and Friends of Alcoholics.

I wish they hadn't revised this in 2006; the original was better. Minor nit. Still, it took Al-Anon a long time to address the literature needs of the adult children of alcoholics. If you think you're children weren't affected by the drunk in your home, think again and read this book.

If you have a friend, or family member, who is an alcoholic you should read this book.

This book takes an accurate and 'in depth' look at what it's like to grow up in an alcoholic/dysfunctional family. It gives a very good description of the feelings and characteristics of Adult Children of Alcoholics. I could identify with many of the stories. This book gave me hope. If you're like me, there aren't many active ACoA meetings in your area. I attended Al-anon because it

was more active in my area, and I definitely needed some type of support group that focused on addiction, but at times I felt out of place. It wasn't until I found this book that I actually felt a part of the Al-Anon family. Until I found this book, I often felt like an outsider looking in because there were no longer many active alcoholics in my life, but I was still suffering from the effects of alcoholism. This book shares stories that looks at the many different facets of growing up in an alcoholic home. I think it's a 'must have' for all Adult Children of alcoholics. I can now vouch for the phrase "Al-anon is for Adult Children of Alcoholics."

great

NO PROBLEMS

supportive & reminds you you are not the only one.

great

great book. highly recommend if someone has grown up in an alcoholic home. it's relatable and really useful. I can see this changing someone's life.

[Download to continue reading...](#)

From Survival to Recovery: Growing Up in an Alcoholic Home Growing Marijuana: Box Set - Growing Marijuana For Beginners & Advanced Marijuana Growing Techniques (Growing Marijuana, Marijuana Growing, Growing Marijuana Indoors) Survival: Survival Guide: Survival Skills, Survival Tools, & Survival Tactics. Emergency Prepping, & Surviving A Disaster! (First Aid, Survival Skills, Emergency ... Medicine, Bushcraft, Home Defense Book 1) Growing Mushrooms for Profit: The Definitive Step-By-Step Guide to Growing Mushrooms at Home for Profit (Growing Mushrooms for Profit, Growing Mushrooms ... Mushrooms, Growing Oyster Mushrooms) Alcoholic and Non-Alcoholic Fatty Liver Disease: Bench to Bedside Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Growing Marijuana: Marijuana Growing Tips and Tricks to Get Big Yields For Beginners! (Growing Marijuana For Beginners, Growing Marijuana Indoors & Outdoors, Growing Marijuana Tips and Tricks) Muscle Recovery: Tips for Faster Muscle Recovery, Growing Stronger Muscle and Overcoming Muscle Soreness (Muscle Growth, Muscle Soreness, Workout, Workout Recovery, Muscle Strength) Weed: The Ultimate

Quick Guide To Growing Great Marijuana (How To Grow Your Own Weed, Growing Marijuana for Beginners, Big Buds, High Yields, Growing Marijuana Indoors, Weed Growing Book 1) Growing Marijuana: Big Buds, Growing Marijuana In Soil For Beginners (Growing Marijuana, Marijuana Cultivation, Marijuana Growing, Medical Marijuana, Marijuana Horticulture) Lupus Recovery Diet - The Natural Lupus Recovery Solution: (Recover from Lupus with the Lupus Recovery Diet) Help! I Think My Loved One Is an Alcoholic: A Survival Guide for Lovers, Family, and Friends Cannabis Success: The Easiest Guide on Growing Large Marijuana Plants at Home (Cannabis, Cannabis Growing, Marijuana, Marijuana Growing, Medical Marijuana, Medical Cannabis, Hydroponics) The Ultimate Survival Guide for Beginners: The Best Tactics And Tips To Survive Urban And Wilderness Disasters (Survival Guide, Survival for Beginners, Survival books) SURVIVAL: Survival Pantry: A Prepper's Guide to Storing Food and Water (Survival Pantry, Canning and Preserving, Prepper's Pantry, Canning, Prepping for Survival) A Beginner's Urban Survival Prepping Guide: Basic Urban Self Defense Guide And Survival Tips in the Prepping Urban Environment(The Prepper's Urban survival ... A Beginner's Urban Survival Prepping CANNABIS GROWING: A complete and simple guide on growing (medical) marijuana at home: A complete handbook on how to grow cannabis at home. (hydroponics, extracts) Indoor/outdoor (Indoor Gardening 2) Beginner's Home Recording On A Budget: How to Build an Affordable Recording Studio at Home and Get Your Music Heard (Home Recording, Home Recording for ... Songwriting, Home Studio, Acoustic) INTERIOR DESIGN : The Beginner's guide, organise your home, techniques and principles on art of decoration: Customise your home with us (Home design, home construction, home arranging with style) Growing Marijuana: Box Set: Growing Marijuana for Beginners & Advanced Marijuana Growing Techniques

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)