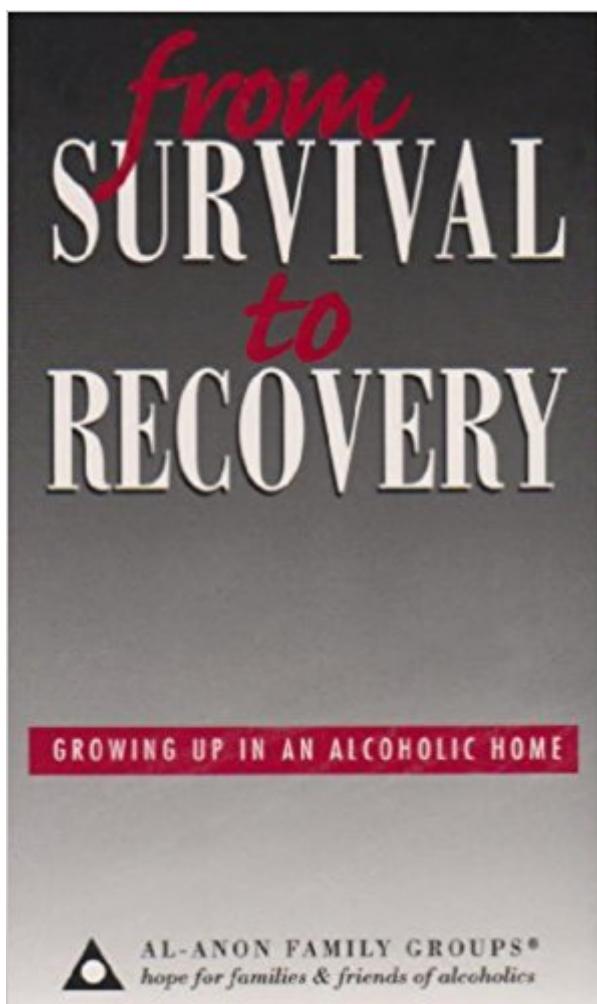


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# From Survival To Recovery: Growing Up In An Alcoholic Home



## **Synopsis**

301 paged hardcover "From Survival to Recovery". ISBN # 0910034974. The listing under that ISBN indicates it's an underlined edition. I can't find that this book is an underlined edition. Al-Anon Family Groups for Families and Friends of Alcoholics.

## **Book Information**

Hardcover: 301 pages

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## **Customer Reviews**

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I wish they hadn't revised this in 2006; the original was better. Minor nit. Still, it took Al-Anon a long time to address the literature needs of the adult children of alcoholics. If you think you're children weren't affected by the drunk in your home, think again and read this book.

If you have a friend, or family member, who is an alcoholic you should read this book.

This book takes an accurate and 'in depth' look at what it's like to grow up in an alcoholic/dysfunctional family. It gives a very good description of the feelings and characteristics of Adult Children of Alcoholics. I could identify with many of the stories. This book gave me hope. If you're like me, there aren't many active ACoA meetings in your area. I attended Al-anon because it

was more active in my area, and I definitely needed some type of support group that focused on addiction, but at times I felt out of place. It wasn't until I found this book that I actually felt a part of the Al-Anon family. Until I found this book, I often felt like an outsider looking in because there were no longer many active alcoholics in my life, but I was still suffering from the effects of alcoholism. This book shares stories that looks at the many different facets of growing up in an alcoholic home. I think it's a 'must have' for all Adult Children of alcoholics. I can now vouch for the phrase "Al-anon is for Adult Children of Alcoholics."

great

## NO PROBLEMS

supportive & reminds you you are not the only one.

great

great book. highly recommend if someone has grown up in an alcoholic home. it's relatable and really useful. I can see this changing someone's life.

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